



## *Enrichment* **FALL 2017**



**Soccer ♦ Gymnastics ♦ Ballet ♦ Fitness ♦ Running Club ♦ Cooking ♦  
Thimble Theater ♦ Lego Club ♦ Winter Play ♦ Sports Club ♦ Karate**



## Sports

**Cricket**  
**Fitness**  
**Gymnastics**  
**Karate**  
**Running Club**  
**Soccer**  
**Sports Club**

## Creative Arts and Clubs

**Ballet**  
**Cooking**  
**Drama Club**  
**Etiquette**  
**Gardening**  
**FIRST® LEGO® League**  
**Thimble Theater**  
**Winter Play: *Scrooge***

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Bay Farm's Enrichment Program gives children the opportunity to participate in educational and recreational activities beyond their regular classroom. A list of fall 2017 classes follows inside. If you would like to enroll your child/ren, please complete and return the application form to the office no later than Thursday, September 7, 2017.

All classes are contingent upon adequate enrollment. Please note that all classes are filled on a first-come, first-served basis and may fill up before the deadline.

Bay Farm Montessori Academy  
145 Loring Street  
Duxbury, MA 02332  
781.934.7101  
[www.bfarm.org](http://www.bfarm.org)

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# Sports

## GYMNASTICS

**Grades CH/K and 1-8**

See prices below.

Instructor: Mary Sullivan

Great Room

This introduction to gymnastics is a perfect way to enhance your child's sense of balance and body awareness. Children will engage in lessons and games while learning the fundamentals of gymnastics (uneven bars not included). Loose clothing is not permitted; girls attending gymnastics must wear a leotard or tight leggings and tank top, and boys attending must wear gym shorts and a t-shirt.

**Children's House (Max 5 students)**

**\$95**

**Fridays, 11:30-12:00**

Sept. 15, 22, 29, Oct. 6, 13, 27, Nov. 3, 17

**Kindergarten and Grades 1-3 (Max 10 students)**

**\$120**

**Fridays, 3:15-4:00**

Sept. 15, 22, 29, Oct. 6, 13, 27, Nov. 3, 17

## KARATE FOR KIDS

**Grades Pre-K – 6**

Instructors are from Budokan Martial Arts Club

Prices and locations below.

Budokan Martial Arts Club will teach karate to kids. Students will enjoy enhancing their motor skills, strength, speed, balance, agility, timing, and endurance. They will also gain the important life values of respect, discipline, concentration, focus, awareness, and confidence. The class will be taught by qualified instructors certified by the IUKF (International Uechi-Ryu Karate Federation). Students should bring a water bottle, and they need to wear proper uniforms. If your child does not have a uniform, one can be purchased for \$25 from the class instructor.

**Pre-K – Kindergarten (Great Room)**

**\$150**

**Mondays, 11:30-12:00**

Sept. 18, 25, Oct. 2, 16, 23, 30, Nov. 6, 13

**Grades 1-6 (P.E. Room)**

**\$175**

**Mondays, 3:15-4:00**

Sept. 18, 25, Oct. 2, 16, 23, 30, Nov. 6, 13



## CRICKET BASICS

### Grades K and 1-8

**\$95**

Instructor: Thomas Mbungu

Playing Field

Children will have the opportunity to learn cricket – the game thought to have originated sometime around early 1300 in Southeast England. Cricket is played using a bat, two sets of wickets, a cricket ball, and a designated area on a field. Just like baseball, the team with the most runs scored is the winner of the game. Commonly referred to as the gentleman's game in England, it is a big fixture in most private schools in the United Kingdom, Australia, New Zealand, South Africa, Zimbabwe, India, and many others. Students should wear sneakers and bring a water bottle.

### Kindergarten

**Fridays, 12:00-12:30**

Sept. 15, 22, 29, Oct. 6, 13, 20, 27, Nov. 3

### Elementary (Grades 1-8)

**Fridays, 12:30-1:00**

Sept. 15, 22, 29, Oct. 6, 13, 20, 27, Nov. 3

## FITNESS & WELLNESS

### Grades Pre-K/K

**\$95**

Instructor: Thomas Mbungu

Music Room

Children will be introduced to various fitness techniques from yoga, kick-boxing, running, and calisthenics. In addition, students will learn how activity affects their heart rate and the importance of good nutrition.

**Fridays, 11:30-12:00**

Sept. 15, 22, 29, Oct. 6, 13, 20, 27, Nov. 3

## RUNNING CLUB

### Grades 1-8

**\$120**

Instructor: Fawn Cronin

P.E. Room/Playing Field

Join personal trainer and Bay Farm parent, Fawn Cronin, for running club this fall. No running experience required, just enthusiasm. The goal of the program is to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness. Boys and girls will participate in activities and running games that encourage positive emotional, social, mental, and physical development. Bring running shoes and a water bottle. This club will help prepare the kids to run in Bay Farm's 5K Run by the Bay on Saturday, October 28<sup>th</sup>. The 5K registration fee is included with this class.

**Mondays, 3:15-4:00**

Sept. 18, 25, Oct. 2, 16, 23, 30, Nov. 6, 13

## SOCCER

**Grades Pre-K to 8**

**\$105**

Instructor: Thomas Mbungu

Playing Field

Using age-appropriate developmental activities, players will learn soccer skills and develop a personal sense of accomplishment while having fun outdoors. Balls and soccer equipment will be provided. Players should wear sneakers.

**Children's House/Kindergarten Students**

**Thursdays, 11:30- 12:00**

Sept. 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 2, 9, 16

**Children's House (who leave at noon)**

**Thursdays, 12:00-12:30**

Sept. 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 2, 9, 16

**Elementary Students**

**Thursdays, 12:30-1:00**

Sept. 14, 21, 28, Oct. 5, 12, 19, 26, Nov. 2, 9, 16



## SPORTS CLUB

**Grades 3-8**

**\$120**

Instructor: Fawn Cronin

P.E. Room/Playing Field

Join your friends in this after-school program that features various sport activities, such as Capture the Flag, soccer, Whiffle Ball, and more. Games will take place on the soccer field and the Peace Path. Students will be able to continue practicing their skills on the playing field alongside their peers in a fun-filled environment. Take advantage of this fun opportunity to remain active outdoors before the winter weather arrives. Students should wear sneakers and bring a water bottle.

**Wednesdays, 3:15-4:15**

Sept. 20, 27, Oct. 4, 11, 18, 25, Nov. 1, 6



# Creative Arts and Clubs

## BALLET

**Grades CH and K-8**

Prices below.

Instructor: Karen Howland

Great Room

Ballet is the art of dance that requires strength, resilience, elegance, and grace. It helps to improve posture, coordination, and grace. This class teaches the beginnings of first and second position, stretching the foot, and moving with the music. No tiaras, tutus, or jewelry, please.

**Kindergarten and Children's House Ballet (Ages 3-5)**

**\$144**

**Wednesdays, 11:30 – 12:00**

Sept. 13, 20, 27, Oct. 4, 11, (No Class Oct.18  
– Photo Day), 25, Nov. 1, 8, 15, 29, Dec.6, 13

Children's House students attending class during the school day should wear their dance attire to school. Students should come to class dressed in pink or black leggings, dance t-shirt, white nylon ankle socks, and carry their regulation ballet slippers.

**Elementary and Middle School (Grades 1-8)**

**\$150**

Elementary and middle school students should bring their ballet attire to school. Students need to wear a leotard, tights, and regulation ballet slippers. They may wear white ankle socks instead of tights on hot days. The students should also bring a healthy snack and drink that is labeled as a ballet snack. (*Students in this class can attend Aftercare free of charge on the days they have ballet class.*)

**Mondays, 4:30 – 5:30**

Sept. 11, 18, 25, Oct. 2, 16, 23, 30, Nov. 6, 13,  
(No class Nov. 20 – Book Fair), 27, Dec. 11

## COOKING

**Ages 6-14 (Max: 7 students per class)**

Instructor: Karen Howland

Osprey Room

Children will learn to prepare a special treat during each class. They will also learn about nutrition, safety, and healthy food preparation requirements, while having fun cooking with friends.

**Kindergarten Cooking**

**\$60**

Fridays, 3:15-5:00 (2 classes)

Sept. 22, Nov. 3

**Fall Cooking – Grades 1-6**

**\$60**

Fridays, 3:15-5:45 (2 classes)

Sept. 8, 15

**Halloween Cooking – Grades 1-8**

**\$60**

Fridays, 3:15-5:45 (2 classes)

Oct. 6, 13

**Holiday Cooking – Grades 1-8**

**\$60**

Friday, 3:15-5:45 (2 classes)

Nov. 17, Dec. 1

## DRAMA CLUB

**Grades 6-8**

**\$75**

Instructor: Karen Howland

Great Room

The drama club meets periodically in the Great Room. The group will discuss a variety of subjects concerning the performing arts and also have the opportunity to work on stage craft for Bay Farm's production of *Scrooge*. They will also attend live theatrical performances in the greater Boston area. Students will be financially responsible for the purchase of tickets for the live performances they attend.

**Mondays, 3:15-4:15**

Sept. 11, 25, Oct. 23, Nov. 6, 20, Dec. 11

## FASHION FOCUS

**Grades 4-8**

**\$120**

Instructor: Maria Wood

Great Room

The Fashion Focus Program strives to inspire girls of all ages to discover the beauty of self-confidence. Classes include poise, posture and confidence, skincare, manners, social etiquette, body positivity, personal grooming, public speaking, nutrition, exercise, and so much more. Fashion Focus is NOT a modeling agency. Instead, the runway is used as a tool to reinforce the students' poise, posture, and positive body language. As a bonus, interested students are eligible to model in fashion shows at local malls. For more information, please visit [www.mariasfashionfocus.com](http://www.mariasfashionfocus.com).

**Elementary and Middle School (Grades 4-8)**

**Thursdays, 3:15-4:15**

Sept. 28, Oct. 5, 12, 19, 26, Nov. 2

## FIRST® LEGO® LEAGUE

**Ages 9-14**

Instructors: Jennifer Rice and Chrissy Brodeur

Walden Room

**Grades 4-8 (Max: 10 students)**

**\$190**

**Tuesdays, 3:15-4:15** Sept. 12, 19, 26, Oct. 3, 10, 17, 24, 31, Nov. 7, 14, 28, 5, 12

Join Bay Farm's FIRST® LEGO® League! This year's theme is Hydro Dynamics where we will learn all about water – how we find, transport, use, or dispose of it. As part of the challenge, the team will build and program an autonomous (no remote control) LEGO MINDSTORMS robot that can perform "mission" on a table-top playing field. They will also study a real-world hydro-dynamic problem and use their creativity to design a solution to solve the problem. The team will travel to a regional event to compete against other teams where they will show off what they have learned, compete in robot missions, and demonstrate team spirit! (<https://www.firstinspires.org/robotics/fll/challenge-and-season-info>)

## GARDENING 101

**Grades K-6**

**\$110**

Instructor: Annabel Chase

Music Room

This class is an introduction to autumn and winter gardening. Children will learn about autumn and winter food crops, soil preparation, composting, and plant care. Gardening 101 consists of hands-on plant propagation and hopefully ends with the children harvesting what they grow! It will be a great opportunity for them to enjoy the fruits of the season. The class will culminate with a harvest day and tasty food. Children should wear comfortable clothing and sneakers because they will be outdoors (rain or shine). They should also bring a healthy snack and water bottle.

**Thursdays, 3:15-4:00** Sept. 14, 21, 28, Oct. 5, 12, 19, and Nov. 16 (harvest day)

## THIMBLE THEATER

**Grades CH (Not for Kindergartners)**

Prices below.

Instructor: Karen Howland

Great Room

Thimble Theater allows children to explore the world of drama and the stage. During each session, the children will become familiar with singing and acting on stage. They will create various props, back drops, and motifs for each play. The focus of this class will be on having fun, acting, movement, and singing together as a group.

### *Session 1: (September–October)*

**Halloween Soup**

**\$80 (5 classes)**

**Tuesdays, 11:25-11:55**

Sept. 12, 19, 26, Oct. 3, 10

**Performance: Oct. 10<sup>th</sup> @ 11:30<sup>am</sup>**

### *Session 2: (October–November)*

**No Turkey for Perky**

**\$80 (5 classes)**

**Tuesdays, 11:25-11:55**

Oct. 17, 24, 31, Nov. 7, 14

**Performance: Nov. 14<sup>th</sup> @ 11:30<sup>am</sup>**

### *Session 3: (November–December)*

**Suzy Snowflake (Special Holiday Play)**

**\$64 (4 classes)**

**Tuesdays, 11:25-11:55**

Nov. 21, 28, Dec. 5, 12

**Performance: Dec. 12<sup>th</sup> @ 11:30<sup>am</sup>**

# WINTER PLAY: SCROOGE

## Ages 5–14

Instructors: Karen Howland & Michelle Booth

Great Room

This fall, Bay Farm will present the musical production, *Scrooge*. Join us as we recreate a Bay Farm tradition by bringing this story to our stage once more. The story tells of sour and stingy Ebenezer Scrooge's transformation after visitations from the Ghosts of Christmases Past, Present, and Future.

The play is filled with musical numbers that are perfect for Bay Farm students and will give them the opportunity to learn dance and musical numbers, memorize lines, create costumes, learn about set design, and lighting. They will have fun while building self-confidence with stage presence. All of our productions are based on the premise of teamwork. Younger children will act in group scenes during the play. **It is vital that all of our performers are in attendance for rehearsals and performances. Saturday rehearsals are critical to the success of the production. Please enter these dates in your daily planner. Children who are not able to make all rehearsals may have their part reduced.** Tuition includes classes, cast party, t-shirt, and two tickets for each performance.

**Note:** We will be accepting registrations for this production, but due to the overwhelming popularity of Bay Farm's theater productions, we may need to limit the number of students participating in this program. We will be auditioning the children for parts in early September.

### Play Practices for Grades 3-8

**\$340**

<b>Wednesdays</b>	<b>3:15–5:30</b>	Sept. 13, 20, 27, Oct. 4, 11, 18, 25, Nov. 1, 8, 15, 29, Dec. 6
<b>Saturdays</b>	<b>3:00–5:00</b>	Sept. 23, 30, Oct. 14, 21, Nov. 4, 18
<b>Saturday</b>	<b>2:00–5:00</b>	Dec. 2*

**\* December 2<sup>nd</sup> is an absolute mandatory rehearsal**

### Play Practices for Grades K-2

**\$240**

<b>Mondays</b>	<b>3:15–4:30</b>	Sept. 18, Oct. 2, 16, 30, Nov. 13
<b>Wednesdays</b>	<b>3:15–5:30</b>	Nov. 1, 8, 15, 29, Dec. 6
<b>Saturdays</b>	<b>3:00–5:00</b>	Oct. 14, 21, Nov. 4, 18
<b>Saturday</b>	<b>2:00–5:00</b>	Dec. 2*

**\* December 2<sup>nd</sup> is an absolute mandatory rehearsal**

### PERFORMANCES:

Thursday, December 7<sup>th</sup>, 5:00pm  
Friday, December 8<sup>th</sup>, 7:00pm  
Saturday, December 9<sup>th</sup>, 7:00pm

# Fall 2017

## Enrichment Registration Form

Complete and return this form with payment in full to:  
 Bay Farm Montessori Academy, 145 Loring St, Duxbury, MA 02332.  
 Tel: 781.934.7101 Email: [enrichment@bfarm.org](mailto:enrichment@bfarm.org).

Name of Child: \_\_\_\_\_ Age \_\_\_\_\_

Parent(s)'s Names: \_\_\_\_\_

Email: \_\_\_\_\_ Tel: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

### Please choose your classes:

#### Sports

<input type="checkbox"/> Running Club – Gr. 1-8 (\$120)	<input type="checkbox"/> Sports Club – Gr. 3-8 (\$120)
<input type="checkbox"/> Gymnastics – Gr. PK (\$95)	<input type="checkbox"/> Gymnastics – Gr. K-3 (\$120)
<input type="checkbox"/> Cricket – Gr. K (\$95)	<input type="checkbox"/> Cricket – Gr. 1-8 (\$95)
<input type="checkbox"/> Soccer –K/CH (\$105)	<input type="checkbox"/> Soccer – CH (half-day students)(\$105)
<input type="checkbox"/> Soccer – Gr. 1-8 (\$105)	<input type="checkbox"/> Fitness & Wellness – K/CH (\$95)
<input type="checkbox"/> Karate for Kids – Gr. PK/K (\$150)	<input type="checkbox"/> Karate for Kids – Gr. 1-6 (\$175)

#### Creative Arts and Clubs

<input type="checkbox"/> Fall Cooking – Gr. 1-6 (\$60)	<input type="checkbox"/> Halloween Cooking – Gr. 1-8 (\$60)
<input type="checkbox"/> Kindergarten Cooking (\$60)	<input type="checkbox"/> Holiday Cooking – Gr. 1-8 (\$60)
<input type="checkbox"/> Fashion Focus – Gr. 4-8 (\$120)	<input type="checkbox"/> First Lego League Jr.– Gr. 4-8 (\$190)
<input type="checkbox"/> Ballet – K/CH (\$144)	<input type="checkbox"/> Ballet – GR. 1-8 (\$150)

#### Thimble Theater (Tuesdays):

<input type="checkbox"/> Halloween Soup (\$80)	<input type="checkbox"/> Suzy Snowflake (\$64)
<input type="checkbox"/> No Turkey for Perky (\$80)	

<input type="checkbox"/> Winter Play: Scrooge – Gr. K-2 (\$240)	<input type="checkbox"/> Scrooge – Gr. 3-8 (\$340)
<input type="checkbox"/> Drama Club – Gr. 6-8 (\$75)	<input type="checkbox"/> Gardening – Gr. K-6 (\$110)

**Total Fee for all Classes: \$ \_\_\_\_\_**

#### Please choose payment option:

- Check enclosed (made payable to BFMA).
- Please bill me.
- Please charge my credit card on file.

*Please note: If a class is canceled due to rain, the class may not be made up or refunded.*

## Mission Statement

We work together to cultivate a vibrant Montessori learning community where children are inspired to grow with joy, purpose, and compassion.

Through the wonder of direct exploration, the satisfaction of engaged learning, and the integration of visual and performing arts, Bay Farm Montessori Academy students develop the skills and sense of responsibility to be confident learners, eager to understand themselves and their world.



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